

A Rainbow of Identities: Working with Substance Use in LGBTQ Communities

An Educational Narratives Learning Lab
& EVO Health and Wellness Workshop

3 CEUs

Saturday, Sept 29, 2018

9 AM to 12:30 PM

doors open 8:45 AM

This workshop will support clinicians working with clients in Queer communities explore multiple dimensions of identity and development. We will also discuss the deeper effects of oppression and trauma, associated with shame and isolation, as it relates to LGBTQ communities.

Therapists will strengthen their tools to better navigate the landscape of substance use as well as learn how to become a better resource for clients who struggle under multiple layers of oppression and the dominant paradigm.

Attendees are welcome to bring lunch, discuss additional questions, and join in free case consultation with Koorosh after the workshop. Lunch and case consultation will take place from 1:00 PM to 2:00 PM.

LEARNING OBJECTIVES:

1. Identify at least 5 dimensions of identity.
2. Name 3 oppressions experienced by LGBTQ persons
3. Acquire at least one culturally competent response to the oppressions experienced by LGBTQ persons

Co-Presented by Dr. Mary Andres PsyD, and Koorosh Rassekh, MA (MFT)

Dr. Mary Andres is a Professor of Clinical Education and co-lead of the Marriage and Family Therapy Masters Program at the USC Rossier School of Education. She is a licensed Clinical Psychologist and has been a certified drug and alcohol counselor who also maintains a private practice in Venice, California. Her areas of specialization have been in the treatment of substance abuse, working with couples and groups, sexuality and the treatment of sexual dysfunction, Gay, Lesbian, Bisexual and Transgendered concerns, and clinical supervision.

Her research interests include experiential modes of learning and best practices in training and the development of therapists. She volunteers as an external supervisor for doctoral candidates at the Los Angeles Gay and Lesbian Center.

Dr. Andres has also been a staff member for Semester at Sea and the American Pavilion Student Internship Program at the Cannes film festival. She has been on the USC Lambda Board and is a past Co-President. She is a current steering committee member for the Los Angeles County MFT Consortium.

Koorosh Rassekh holds a Masters in Marriage and Family Therapy from the University of Southern California (USC) and a Bachelor of Science in Public Policy and Management from USC. He specialized in working with young adults dealing with drugs, alcohol, and addiction issues. As Director of Mindfulness at Alternatives Behavioral Health, Koorosh helped develop a program to support clients to successfully adopt their desired lifestyle, whether abstinence or moderation.

He has undergone extensive training in multiple therapeutic approaches, including: Assertive Community Reinforcement Approach (ACRA), Community Reinforcement Approach (CRA), Community Reinforcement and Family Training (CRAFT), Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Mindfulness Based Relapse Prevention (MBRP), Mindfulness Based Stress Reduction (MBSR), Motivational Interviewing, and numerous meditation and mindfulness techniques.

Koorosh has a love for biking, surfing, meditation, and yoga. He has a four-year-old son who also keeps him in shape.

For further information: Contact Trenten Clark at 310.205.6991 or email hello@evohw.com

Target Audience: PoMo community, LMFTs, LCSWs and LPCCs

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Continuing Education Credit: This workshop meets the requirements for 3 hours of continuing education credit. After meeting attendance requirements, and completion of the evaluation within 2 weeks of the workshop, 3 CEUs will be provided by Educational Narratives, a CAMFT approved continuing education provider (#139251). Educational Narratives is approved to provide continuing education for LMFTs, LCSWs, and LPCCs.

Cost: \$5

CEU Certificate, if required, is \$30