

### **Law and Ethics of California's New Marijuana Laws: Treating Clients Struggling with Addiction**

3 Law & Ethics CEUs, Saturday, July 28, 2018, 9am to 12:30pm

The first hour of this 3-hour 'Learning Lab' workshop will focus on the new California cannabis laws. This will include an overview of the regulatory changes followed by didactic conversation with time for questions and discussions. The presenter will discuss the clinical implications of the new laws and what this means for therapists and how they work with clients. The presenter will provide written answers to questions not answered in the workshop.

In the second hour, the presenter will explore ethical issues with the new California cannabis laws. He will discuss the differences between licenses and their respective ethical and legal requirements. He will further discuss the differences between recreational use and medical use. As time permits the presenter will discuss the histories of both recreational use and medical use including the concentration of the cannabinoids in Tetrahydrocannabinol or THC (the psychoactive compound in marijuana) and Cannabidiol or CBD (the non-psychoactive compound in marijuana). The presenter will also discuss how these substances work on your system in both a recreational and medicinal use.

In the third hour, the presenter will explore alternative, client-driven, addiction treatment methods. This will include didactic conversation with time for questions and discussion. He will discuss trends in physiological, psychological and physical reactions to more powerful cannabis products that now exist in the market. This practical workshop will also provide tools for therapists to address substance use with their clients.

Attendees are welcome to bring lunch, discuss additional questions, and join in free case consultation with Koorosh after the workshop. Lunch and case consultation will take place from 12:30 PM to 1:30 PM.

#### **Presented by Koorosh Rassekh, MA (MFT)**

Koorosh holds a Masters in Marriage and Family Therapy from the University of Southern California (USC) and a Bachelor of Science in Public Policy and Management from USC. He specialized in working with young adults dealing with drugs, alcohol, and addiction issues. As Director of Mindfulness at Alternatives Behavioral Health, Koorosh helped develop a program to support clients to successfully adopt their desired lifestyle, whether abstinence or moderation.

He has undergone extensive training in multiple therapeutic approaches, including: Assertive Community Reinforcement Approach (ACRA), Community Reinforcement Approach (CRA), Community Reinforcement and Family Training (CRAFT), Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Mindfulness Based Relapse Prevention (MBRP), Mindfulness Based Stress Reduction (MBSR), Motivational Interviewing, and numerous meditation and mindfulness techniques.

Koorosh has a love for biking, surfing, meditation, and yoga. He has a four-year-old son who also keeps him in shape.