

Collaborative Supervision from a Narrative Perspective

Sign in 8:30

Morning session (8:45 to noon)

Values exercise:

- Name a value you hold as a supervisor
- History of this value
- When/how has this value shown up in your work as a supervisor

Non-hierarchy (being decentered) requires us to flatten power in the supervisory relationship—but it is also necessary for us to teach how to flatten power (being influential):

- How do we do both?
- ***Exercise***

Morning break (15 minutes)

Dramatization

- Thinking cinematically or literarily rather than psychologically
- Problems as confounding rather than clear
- Rich characterization of both protagonist and problem
- Novelty
- ***Exercise:*** Role play

Deconstructing

- Listening for
 - Dominant cultural discourses
 - Unique outcomes
 - Values
 - Actions
 - ***Exercise***

Lunch (noon to 1:15)

Afternoon session (1:15 to 4:30 with a 15 minute break)

Discovery Learning (Two rounds)

- Live interview
 - o Steps
 - Ask interviewee 10-15 questions about a supervisory problem from the past that is now largely solved
 - One of us asks the other about 3-4 of our questions
 - Interviewee repeats their answer to the very last question
 - Participants in groups of three come up with the next question
 - Interviewee is asked to speak to the impact of each without actually answering them
 - Interviewee chooses the one they want to answer and answers it
 - This is repeated 3 times
 - Participants take 15 minutes to write a letter to interviewee
 - Pair up and read letters
 - Volunteers read their letters aloud

David Marsten became intrigued with Narrative Therapy in 1991 while training at MRI in Palo Alto, CA. He developed one of the first Narrative training programs in Los Angeles at Jewish Family Service in 1992 and went on, in 1999, to establish a Narrative training and counseling center, Miracle Mile Community Practice, www.mmcpa.org. He has taught at the graduate level for many years, the last 14 of which in Pepperdine University's Narrative Training Clinic. He is a faculty member of the Vancouver School for Narrative Therapy and teaches internationally for Dulwich Centre. He has co-authored several articles, 3 chapters in edited collections, and the book: *Narrative Therapy in Wonderland: Connecting with Children's Imaginative Know-how*.

Larry Zucker is a Narrative Therapist living and working in Los Angeles, where he has been in private practice for many years. He trains and supervises therapists in family and couples therapy, offers a course in couple therapy online at ReauthoringTeaching.com, and is an AAMFT Approved Supervisor.