

# **Suicide Prevention from a Narrative Perspective**

Miracle Mile Community Practice & Educational Narratives Workshop

6 CEUs

Saturday 11/7/20, 8:45 am – 4:30 pm

## **Course description:**

This course will look at current “best practices” regarding suicide assessment and prevention, while considering the impact on the person in the client seat, the therapist, and the community at large. We will look beyond the current bio-medical model and examine power and knowledge as they relate to suicide. Mainstream ideas and beliefs around suicide will be examined including intersections of race, gender identity, culture, age, sexuality, and economics. Alternative modes of engagement will be explored interactively through discovery learning.

## **Course Learning Objectives:**

With the use of lecture, exercises, and discussion groups, workshop participants will be able to:

1. Name 2 current statistics involved in suicide attempts and rates
2. Identify and deconstruct 3 taken-for-granted knowledges around suicide
3. Examine and name 2 historical discourses on suicide that shape current beliefs
4. Elicit and name 3 traditional (structural) avenues for suicide prevention
5. Discuss the benefits/limits/risks of the legal requirements for therapists on the people who consult us
6. Identify and explore 3 socio-political variables that challenge the current mainstream views on suicide and suicide prevention
7. Elicit and identify at least 2 ways to collaboratively assess risk of suicide
8. Elicit and identify 3 alternative (post-structural) avenues for suicide prevention

**Presenter Bios:**

**David Marsten** became intrigued with Narrative Therapy in 1991 while training at MRI in Palo Alto, CA. He developed one of the first Narrative training programs in Los Angeles at Jewish Family Service in 1992 and went on, in 1999, to establish a Narrative training and counseling center, Miracle Mile Community Practice, [www.mmcppla.org](http://www.mmcppla.org). He has taught at the graduate level for many years, the last 14 of which in Pepperdine University's Narrative Training Clinic. He is a faculty member of the Vancouver School for Narrative Therapy and teaches internationally for Dulwich Centre. He has co-authored several articles, 3 chapters in edited collections, and the book: *Narrative Therapy in Wonderland: Connecting with Children's Imaginative Know-how*.

**Debi Kitay** began her study of Narrative therapy in 2012 when she joined Miracle Mile Community Practice. She currently serves as the Director of Operations, as well as a clinical supervisor, at MMCP. Previously, Debi was the Associate Clinical Director/Senior therapist at Evo Health and Wellness. Evo was an outpatient addiction treatment program that focused on the root causes of addiction-rather than just the substance use. Debi also works in private practice in Los Angeles and El Segundo.

**Target Audience:** LMFTs, LCSWs and LPCCs. This workshop will take place via Zoom conferencing.

**Cancellation & grievance policies:** For information on Educational Narratives' Cancellation Policy, Grievance Policy, and ADA Compliance, visit [www.EducationalNarratives.com](http://www.EducationalNarratives.com)

**Continuing Education Credit:** The workshop meets the requirements for 6 hours of supervision continuing education credit. CEs will be provided by **Educational Narratives**, a

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**Cost:** For licensed attendees \$60 to attend and an additional \$60 for 6 hours suicide prevention continuing education certificate. For those not yet licensed attendees \$30.